



# September 2024 Life Enrichment

Safety Security  
Overnight Hours  
9:00 PM to 5:00 AM  
405-232-2132

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:50 Church at the Village 10:20 Bible Study</p>	<p>2</p> <p><b>BVC Office Closed for Labor Day</b> 8:30, 9:00 &amp; 12:30 Bus to Shopping <b>1:00 Ladies Bible Study</b> 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p>	<p>3</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class <b>1:00 Men's Bible Study Begins</b></p>	<p>4</p> <p><b>8:30 Breakfast Out @ Good Gravy</b> 11:00 Prayer Time in Chapel 1:15 Tai Chi 2:00 Regular Fitness 2:00 Water Aerobics <b>3:00 Grief Support Begins</b></p>	<p>5</p> <p>10:00 Choir 10:15 Regular Fitness <b>11:30 Fellowship Luncheon</b> <b>FBC Marlow Choir here</b> 1:00 Card Games in Learning Center</p>	<p>6</p> <p><b>8:30 Men's Coffee Break</b> 8:30 &amp; 9:00 Bus to Shopping 10:15 Regular Fitness Class 6:00 Bingo</p>	<p>7</p> <p>1:00 Bingo</p>
<p>8</p> <p>9:50 Church at the Village 10:20 Bible Study</p>	<p>9</p> <p>8:30, 9:00 &amp; 12:30 Bus to Shopping <b>1:00 Ladies Bible Study</b> 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p>	<p>10</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class <b>1:00 Men's Bible Study</b></p>	<p>11</p> <p><b>10:00 Thrift Store Shopping</b> 11:00 Prayer Time in Chapel 1:15 Tai Chi 2:00 Regular Fitness 2:00 Water Aerobics <b>3:00 Grief Support</b></p>	<p>12</p> <p>10:00 Choir 10:15 Regular Fitness 1:00 Card Games in Learning Center <b>6:30 Ladies Bunco Night</b></p>	<p>13</p> <p><b>8:30 Biscuits &amp; Gravy \$2</b> 8:30 &amp; 9:00 Bus to Shopping 10:15 Regular Fitness Class 6:00 Bingo</p>	<p>14</p> <p>1:00 Bingo</p>
<p>15</p> <p>9:50 Church at the Village 10:20 Bible Study <b>6:00 Oklahoma Baptist Symphony in Life Enrichment Room</b></p>	<p>16</p> <p>8:30, 9:00 &amp; 12:30 Bus to Shopping <b>1:00 Ladies Bible Study</b> 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p>	<p>17</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class <b>1:00 Men's Bible Study</b></p>	<p>18</p> <p>11:00 Prayer Time in Chapel <b>1:00 Memory Support</b> 1:15 Tai Chi 2:00 Regular Fitness 2:00 Water Aerobics <b>3:00 Hymn Sing Along w/Max &amp; Jeanne Deaton</b> <b>3:00 Grief Support</b></p>	<p>19</p> <p>10:00 Choir 10:15 Regular Fitness 1:00 Card Games in Learning Center</p>	<p>20</p> <p><b>8:30 Men's Coffee Break</b> <b>8:00 to 10:00 Bus to Shopping</b> 10:15 Regular Fitness Class <b>10:30 Lunch Out @ Charlestons</b> 6:00 Bingo</p>	<p>21</p> <p>1:00 Bingo</p>
<p>22</p> <p>9:50 Church at the Village 10:20 Bible Study</p>	<p>23</p> <p>8:30, 9:00 &amp; 12:30 Bus to Shopping <b>1:00 Ladies Bible Study</b> 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p>	<p>24</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class <b>1:00 Men's Bible Study</b> <b>2:00 Popcorn &amp; More</b></p>	<p>25</p> <p><b>10:00 Thrift Store Shopping</b> 11:00 Prayer Time in Chapel 1:15 Tai Chi 2:00 Regular Fitness 2:00 Water Aerobics <b>3:00 Grief Support</b></p>	<p>26</p> <p>10:00 Choir 10:15 Regular Fitness 1:00 Card Games in Learning Center</p>	<p>27</p> <p><b>8:30 Biscuits &amp; Gravy \$2</b> 8:30 &amp; 9:00 Bus to Shopping 10:15 Regular Fitness Class 6:00 Bingo</p>	<p>28</p> <p><b>BVC Fall Festival</b> <b>10:00 am to Noon</b> <b>FREE</b> <b>Food, Drinks &amp; Entertainment</b></p> 
<p>29</p> <p>9:50 Church at the Village 10:20 Bible Study</p>	<p>30</p> <p>8:30, 9:00 &amp; 12:30 Bus to Shopping <b>1:00 Ladies Bible Study</b> 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p>					<p>Be sure to watch channel 1960 for the latest updates or check out the bulletin board outside the office &amp; pick up a weekly calendar in the wall pocket outside Kyle's office.</p> <p>Call the office at 405-721-2466</p>

# 2024 September



# LTC Activites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>01</b> 9:30 am - Worship	<b>02</b> 9:30am Exercise 10am - Monopoly & Payday 1:00pm - Bingo 2:00pm Hymns & Bible Study w/ Chaplain Bill	<b>03</b> 9:30am - Bible Study 10:15am - Exercise 10:45am - Social Chat 1:00pm - Bingo 2:30pm Movie & Popcorn:	<b>04</b> 10:00am - Worship 10:30am Balloon Bop 1:00pm - Bingo 2:30pm Price Is Right Day	<b>05</b> 9:30am - Exercise 10:00am - Yellow Daisy Art 12:30pm - Dominoes 1:45pm - Hymns & Bible Study w/ Wanda	<b>06</b> 9:30am - Bell Choir 10:00am - Exercise 10:30am - Watercolors w/ JimAnn 1:00pm - Bingo	<b>07</b> National Tailgating Day  OU vs Houston OSU vs Arkansas
<b>08</b> 9:30 am - Worship	<b>09</b> 9:30am - Exercise 10:00am - Uno 1:00pm - Bingo 2:30pm - Jeopardy	<b>10</b> 9:30am - Bible Study 10:15am - Exercise 10:45am - Card Games 1:00pm - Bingo 2:30pm - Ants on a Log	<b>11</b> 9:45am - 9/11 Moment of Remembrance 10:00 am - Worship 10:30am Bowling 1:00pm - Bingo	<b>12</b> 9:45am - Exercise 10:00 am - Coffee Filter Leaves 12:30pm - SkipBo 1:45pm - Hymns & Bible	<b>13</b> 9:3 am - Bell Choir 10:00am - Bible Study 10:45am - Train Dominoes 1:00pm - Bingo	<b>14</b> National Cream Filled Donut Day  OU vs Tulane OSU @ Tulsa
<b>15</b> 9:30 am - Worship	<b>16</b> 9:30am - Exercise 10:00am - Dominoes 1:00pm - Bingo 2:00pm - Chips & Guacamole	<b>17</b> 9:30am - Bible Study 10:15am - Exercise 10:45am - Cup Pong 1:00pm - Bingo 2:30pm - M*A*S*H*	<b>18</b> 10:00am - Worship 10:30am - Balloon Bop 1:00pm - Bingo 2:30 pm - US Air Force Birthday & Trivia	<b>19</b> 9:30am - Exercise 10:00 am - Talk Like A Pirate Day 12:30pm - Uno 1:45pm - Hymns & Bible Study	<b>20</b> 9:30am - Bell Choir 10:00am - Bible Study 10:45am - Trivia 1:00pm - Bingo 2pm -Resident vs Staff	<b>21</b> National Gymnastics Day  OU vs Tennessee OSU vs Utah
<b>22</b> 9:30 am - Worship  Happy Birthday Sharon W!	<b>23</b> 9:30am - Exercise 10:00am - SkipBo 1:00pm - Bingo 2:30pm - Autumn Truffle Snack	<b>24</b> 9:30am - Bible Study 10:15am - Exercise 10:45am - Virtual Vacation 1:00pm - Bingo 2:30pm - BINGO Prize	<b>25</b> 10:00am - Worship 10:30 - Bowling 1:00pm - Bingo 2:30pm - Word Games Happy Birthday Pat D!	<b>26</b> 9:30am - Exercise 10:00 - Johnny Appleseed Day 1:45pm-Hymns& Bible Study 2:30pm - September	<b>27</b> 9:30am - Bell Choir 10:00am - Bible Study 10:45am - Board Games 1:00pm - Bingo	<b>28</b> National Hunting & Fishing Day  OU @ Auburn OSU @ Kansas State
<b>29</b> 9:30 am - Worship	<b>30</b> 9:30am - Exercise 10:00am - Sorry (Board Game) 1:00pm - Martin & Pearson 2:15pm - Bingo	<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b> 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9:30- Worship 1</b>  9:15am-Devotional 9:30am- ROM Plus exercise 10:15am- Current events/ snacks 1:30 pm-UNO 2:30 pm-Bingo <b>Yard Art Day!!!</b>  Labor Day	<b>9:15am-Devotional 2</b> 9:30am- ROM Plus exercise 10:15am- Current events/ snacks 1:30 pm-UNO 2:30 pm-Bingo <b>Yard Art Day!!!</b>  Labor Day	<b>9:15am- Devotional 3</b> 9:30am- Yoga 10:15am- Snacks 1:30pm- Make Birthday Cards for September Friends. 3:00pm - One-on-One	<b>9:15am- Devotional 4</b> 9:30am- Strength and Stretching 10:00am- Worship 1:30pm- Plant seeds 2:30pm- Bingo 	<b>9:15am- Devotional 5</b> 9:30am- ROM exercise 10:00am- Snacks 2:00pm-Cooking Time (cupcakes) 3:00pm- Book Club <b>Judy R. Birthday!</b>	<b>9:15am- Devotional 6</b> 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- Sing A Long 2:30pm- Bingo 	
<b>9:30 am- Worship 8</b>  9:15am- Devotional 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- Decorate Place Mats 2:30pm- Bingo <b>Boss/Employee Day!</b> <b>Teddy bear Day!</b>  Grandparents Day	<b>9:15am- Devotional 9</b> 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- Decorate Place Mats 2:30pm- Bingo <b>Boss/Employee Day!</b> <b>Teddy bear Day!</b>  Grandparents Day	<b>9:15am- Devotional 10</b> 9:30am- Yoga 10:15am- Snacks 2:00pm- kick ball 3:00pm- Manicures	<b>9:15am- Devotional 11</b> 9:30am- Strength and STretching 10:00am- Worship 1:30pm- One-on-One 2:30pm- Blngo 	<b>9:15am- Devotional 12</b> 9:30am- ROM exercise 10:00am- Snacks 2:00pm- Cooking Time (milkshakes) 3:00pm- Book Club <b>National chocolate            milkshake day!</b>	<b>9:15am- Devotional 13</b> 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- Walk Outside 2:30pm- Bingo <b>Hug Your Boss Day!!</b> 	
<b>9:30 am-worship 15</b>  9:15am-Devotional 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- fruit loop activity 2:30pm- Bingo <b>Int. national collect            rocks day!</b> 	<b>9:15am-Devotional 16</b> 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- fruit loop activity 2:30pm- Bingo <b>Int. national collect            rocks day!</b> 	<b>9:15am- Devotional 17</b> 9:30am- Yoga 10:15am- Snacks 1:30pm-One-on-One 3:00pm-Manicures <b>MAXINE B. BIRTHDAY!</b>	<b>9:15am- Devotional 18</b> 9:30am- Strength and Stretching 10:00am- Worship 1:30pm- Crosswords 2:30pm- Bingo 	<b>9:15am- Devotional 19</b> 9:30am- ROM exercise 10:00am- Snacks 2:00pm- Cooking Time 3:00pm- Book Club <b>Carolyn F. Birthday!</b>	<b>9:15am- Devotional 20</b> 9:30am- ROM Plus exercise 10:00am- Snacks 2:00pm- Resident/Employee Water Balloon Fight	<b>21</b> Oktoberfest Begins
<b>9:30 am-worship 22</b>  9:15am- Devotional 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- Dominoes 2:30pm- Bingo <b>DELBERT W. BIRTHDAY!</b>  Autumn Begins	<b>9:15am- Devotional 23</b> 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- Dominoes 2:30pm- Bingo <b>DELBERT W. BIRTHDAY!</b>  Autumn Begins	<b>9:15am- Devotional 24</b> 9:30am- Yoga 10:15am- Snacks 1:30pm- Water Plants 3:00pm-Manicures	<b>9:15am- Devotional 25</b> 9:30am- Strength and stretching 10:00am- Worship 1:30pm-One-on-One 2:30pm- Bingo 	<b>9:15am- Devotional 26</b> 9:30am- ROM exercise 10:00am- Snacks 2:00pm- Cooking Time 3:00pm- Book Club	<b>9:15am- Devotional 27</b> 9:30am- ROM Plus exercise 11:30am- Cookout 2:30pm- Bingo <b>Scarf Day!</b>	<b>28</b>  <b>HAPPY FALL'ALL</b>
<b>9:30 am- Worship 29</b> 	<b>9:15am- Devotional 30</b> 9:30am- ROM Plus exercise 10:00am- Snacks 1:30pm- One-on-One 2:30pm- Bingo	 <h1 style="font-size: 2em; color: #FFD700; margin: 0;">SEPTEMBER 2024</h1>				

Activities and times are subject to change without notice. \*Puzzles, Games, Books are always available in the Life Enrichment Room \*