



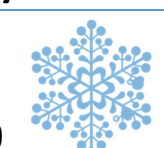


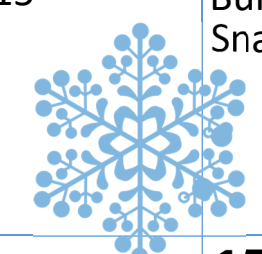
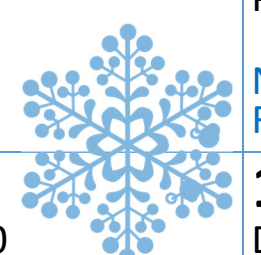

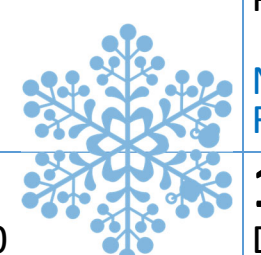
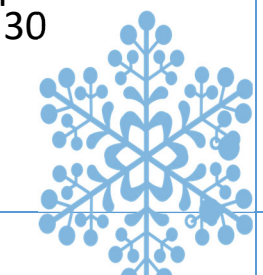










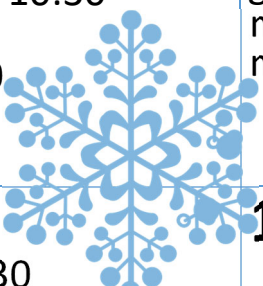

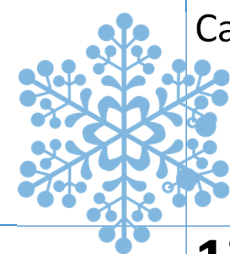
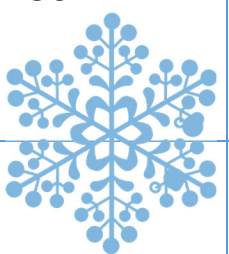


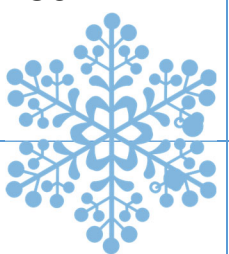


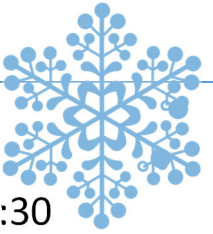

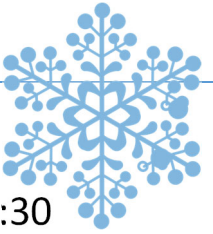



January 2024 Life Enrichment

Safety Security
Overnight Hours
9:00 PM to 5:00 AM
405-232-2132

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8:30, 9:00 & 12:30 Bus to Shopping 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	2 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class	3 8:30 Breakfast Out 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	4 10:15 Regular Fitness 10:30 Choir 11:30 Fellowship Luncheon 1:00 Card Games in Learning Center	5 8:30 Men's Coffee Break 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo	6 1:00 Bingo
7 9:50 Church at the Village 10:20 Bible Study	8 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Ladies Bible Study Begins 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	9 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study Begins	10 10:00 Thrift Store Shopping 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	11 10-2 Choir Retreat FBC Piedmont 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	12 8:30 Biscuits & Gravy \$2 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo	13 1:00 Bingo
14 9:50 Church at the Village 10:20 Bible Study	15 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Ladies Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	16 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	17 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:00 Memory Support 1:15 Tai Chi 3:00 Sing Along	18 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	19 8:30 Men's Coffee Break 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 11:30 am Lunch Out 2:00 Water Aerobics 6:00 Bingo	20 1:00 Bingo
21 9:50 Church at the Village 10:20 Bible Study	22 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Ladies Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	23 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	24 10:00 Thrift Store Shopping 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	25 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	26 8:30 Biscuits & Gravy \$2 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo	27 1:00 Bingo
28 9:50 Church at the Village 10:20 Bible Study	29 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Ladies Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	30 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study 2:00 Popcorn Fellowship	31 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi			

<div>  <h1>JANUARY MC ACTIVITIES</h1>  </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  </div>	<div> 1  </div>	<div> 2 Devotion 9:30 Wiggle work out 9:45 Snacks 10:15 Manicures 1:00 Art & Crafts 2:30 </div>	<div> 3  Worship 10:00 Balloon Bop 10:30 Dominos 1:00 Snack & Chat 2:30 </div>	<div> 4 Devotion 9:30 Bingo 9:45 Snacks 1:00 Spaghetti Art National Spaghetti Day </div>	<div> 5 Devotion 9:30 Leg Work Out 10:00 Snacks 10:30 Sing A Long 1:00  </div>	<div> 6 Puzzles, books, music, movies in life enrichment </div>
<div> 7 Worship 9:30  </div>	<div> 8 Devotion 9:30 Arm Workout 9:45 Snacks 10:00 Simon Says 1:30 Dominos 2:00 </div>	<div> 9 Devotion 9:30 Matching Game 9:45 Coffee Chat 10:15 Snacks 1:00 Manicures 2:45  </div>	<div> 10 Worship 10:00 Balloon Bop 10:30 Build Blocks 1:00 Snacks & Coco 2:30 </div>	<div> 11 Devotion 9:30 Bingo 9:45 Memory Games 1:00 Hymns& Bible Study 1:45  </div>	<div> 12 Devotion 9:30 Workout 9:45 Snacks 10:15 One On One 1:00 Peach Melba 2:30 National Peach Melba Roberta B-Day </div>	<div> 13 Puzzles, coloring games, books, music, movies in life enrichment </div>
<div> 14 Worship 9:30 </div>	<div> 15 Exercise 9:30 Devotion 9:45 Balloon Bop 10:00 Coloring Art 1:00 Strawberry Ice Cream Day Dr. Martin Luther King Day  </div>	<div> 16 Exercise 9:30 Workout 9:45 Sancks10:15 Matching Game 1:00 Winter Art 2:00 </div>	<div> 17 Worship10:00 Ring Toss 10:00 Snacks 10:15 Memory Games 2:30 </div>	<div> 18  Exercise 9:30 Coffee Chat 9:45 Balloon Bop 1:00 Hymns & Bible Study1:45 Crafts 2:00 </div>	<div> 19 Devotion 9:30 Movie & popcorn 10:00 Manicure 1:30  </div>	<div> 20 Puzzles, coloring games, books, music, movies in life enrichment </div>
<div> 21 Worship 9:30 </div>	<div> 22  Devotion 9:30 Snacks 9:45 Dominos 10:15 Chat Time 1:00 Hymns with Bill 2:00 </div>	<div> 23 Devotion 9:30 Build Blocks 10:00 Snacks 10:15 One On One 1:30 </div>	<div> 24 Worship 10:00 Balloon Bop 10:30 Bake Cookie Art 1:00  </div>	<div> 25 Exercise 9:30 Coffee Chat 9:45 Crafts 1:00 Hymns & Bible Study 1:45 </div>	<div> 26 Devotion 9:30 Snacks & Chat 10:00 Window Ball 1:15 Birthday Celebrations 2:30 </div>	<div> 27 Puzzles, coloring games, books, music, movies in life enrichment </div>
<div> 28  Worship 9:30 </div>	<div> 29 Devotion 9:30 Bingo 9:45 Snacks 10:15 One On One 1:00 </div>	<div> 30 Devotion 9:30 Wiggle Workout 9:45 Puzzles 10:00 Snacks 10:15 Manicure 2:30 Bernice B-Day </div>	<div> 31  Worship 10:00 Balloon Bop 10:30 Simon Says 1:00 Meat & Cheese 1:45 </div>	<div> *Activities and times are subject to change without notice.  </div>	<div> *Puzzles, Games, and Books are always available in Life Enrichment Room. </div>	

<div>  <h1>JANUARY LTC ACTIVITIES</h1>  </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  </div>	<div> 1  </div>	<div> 2 Exercise 9:30 Bible Study w/ Jimmy 9:45 Nature Documentary10:15 BINGO 1:00 Virtual Art Museum 2:30 </div>	<div> 3  Worship 10:00 Balloon Bop 10:30 Bingo 1:00 Jeopardy 2:30 World Trivia Day! </div>	<div> 4 Exercise 9:30 Games 9:45 Beautiful Birds 1:00 Hymns & Bible Study1:45 Bird Craft 2:00 National Bird Day! </div>	<div> 5  Bell Choir 9:30 Devotions W/Larry 10:00 Arts & Crafts 10:30 BINGO 1:00 Bowling 2:00 </div>	<div> 6 Puzzles, coloring games, books, music, movies in life enrichment </div>
<div> 7  Worship 9:30 </div>	<div> 8 Exercise 9:30 This week in history 9:45 LRC Game 10:30 Bingo 1:00 Hymns with bill 2:00 </div>	<div> 9  Exercise 9:30 Bible Study w/ Jimmy 9:45 Coffee Chat 10:15 BINGO 1:00 Manicures 2:45 </div>	<div> 10 Worship 10:00 Balloon Bop 10:30 Bingo 1:00 Card Games 2:30 </div>	<div> 11  Exercise 9:30 Dominos 9:45 Word Games 1:00 Hymns& Bible Study 1:45 Arts & Crafts 2:30 </div>	<div> 12  Bell Choir 9:30 Devotions W/Larry 10:00 Corn Hole 10:15 Bingo 1:00 Tea Social 2:30 National Hot Tea Day! </div>	<div> 13 Puzzles, coloring games, books, music, movies in life enrichment </div>
<div> 14 Worship 9:30 </div>	<div> 15  Exercise 9:30 MLK Legacy Doc. 9:45 Games 10:30 Bingo 1:00 Cup Pong 2:00 Dr. Martin Luther King Day </div>	<div> 16 Exercise 9:30 Bile Study w/Jimmy 9:45 Games10:15 BINGO 1:00 Popcorn Social 2:00 </div>	<div> 17 Worship10:00 Reindeer Ring Toss 10:30 Bingo 1:00 Family Feud2:30 </div>	<div> 18  Exercise 9:30 Coffee Chat 9:45 Cards 1:00 Hymns & Bible Study1:45 Crafts 2:00 </div>	<div> 19  Bell Choir 9:30 Devotions W/Larry 10:00 Craft 10:15 Bingo 1:00 Bowling 2:00 </div>	<div> 20 Puzzles, coloring games, books, music, movies in life enrichment </div>
<div> 21 Worship 9:30 </div>	<div> 22  Exercise 9:30 Balloon Tennis9:45 Dominos 10:15 Bingo 1:00 Hymns with Bill 2:00 </div>	<div> 23 Exercise 9:30 Bible Study w/Jimmy 9:45 Card Games 10:15 BINGO 1:00 BINGO Prize Auction 2:45 </div>	<div> 24  Worship 10:00 Balloon Bop 10:30 Bingo 1:00 Making Casserole 2:00 </div>	<div> 25 Exercise 9:30 Coffee Chat 9:45 Crafts 1:00 Hymns & Bible Study 1:45 Popcorn Social 2:30 </div>	<div> 26 Bell Choir 9:30 Devotions W/Larry 10:00 Games10:15 Bingo 1:00 Birthday Celebration 2:30 </div>	<div> 27 Puzzles, coloring games, books, music, movies in life enrichment </div>
<div> 28  Worship 9:30 </div>	<div> 29 Exercise9:30 Audio Book Club 9:45 10:15 Martin& Pearson 1:00 BINGO 2:00 </div>	<div> 30 Exercise 9:30 Bible Study w/ Jimmy 9:45 Nature documentary10:00 BINGO 1:00 Board Games 2:30 </div>	<div> 31  Worship 10:00 Balloon Bop 10:30 Bingo 1:00 BVC Town Hall 2:30 </div>	<div> *Activities and times are subject to change without notice.  </div>	<div> *Puzzles, Games, and Books are always available in Life Enrichment Room. </div>	