

October 2023 Life Enrichment

Safety Security
Overnight Hours
9:00 PM to 5:00 AM
405-232-2132

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|--|-----------------------------|
| <p>1</p> <p>9:50 Church at the Village 10:20 Bible Study</p> | <p>2</p> <p>8:30, 9:00 & 12:30 Bus to Shopping 1:00 NO Ladies Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p> | <p>3</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study</p> | <p>4</p> <p>8:30 Breakfast Out @ Good Gravy 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi</p> | <p>5</p> <p>8-12 Flu Shots by appt. 10:15 Regular Fitness 10:30 Choir 11:30 Fellowship Luncheon 1:00 Card Games in Learning Center</p> | <p>6</p> <p>8:30 Men's Coffee Break 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo</p> | <p>7</p> <p>1:00 Bingo</p> |
| <p>8</p> <p>9:50 Church at the Village 10:20 Bible Study</p> | <p>9</p> <p>8:30, 9:00 & 12:30 Bus to Shopping 1:00 Ladies Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p> | <p>10</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study</p> | <p>11</p> <p>10:00 Thrift Store Shopping 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi</p> | <p>12</p> <p>10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center</p> | <p>13</p> <p>8:30 Biscuits & Gravy (\$2) 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo</p> | <p>14</p> <p>1:00 Bingo</p> |
| <p>15</p> <p>9:50 Church at the Village 10:20 Bible Study</p> | <p>16</p> <p>8:30, 9:00 & 12:30 Bus to Shopping 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p> | <p>17</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study 2:00 Ice Cream Social w/Live Music @ the Pavilion</p> | <p>18</p> <p>10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi 3:00 Sing Along</p> | <p>19</p> <p>10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center</p> | <p>20</p> <p>8:30 Men's Coffee Break 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 11:30 am Lunch Out Metro Diner 2:00 Water Aerobics 6:00 Bingo</p> | <p>21</p> <p>1:00 Bingo</p> |
| <p>22</p> <p>9:50 Church at the Village 10:20 Bible Study</p> | <p>23</p> <p>8:30, 9:00 & 12:30 Bus to Shopping 1:00 Ladies Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p> | <p>24</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study</p> | <p>25</p> <p>10:00 Thrift Store Shopping 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi</p> | <p>26</p> <p>9-4 Well Preserved Appts 10:15 Regular Fitness 10:30 Choir 12:00 Deputy Hardin Speaking on Senior Scams during Lunch 1:00 Card Games in Learning Center 5:00 Fall Banquet</p> | <p>27</p> <p>8:30 Biscuits & Gravy (\$2) 8:30 & 9:00 Bus to Shopping 9-4 Well Preserved Appts 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo</p> | <p>28</p> <p>1:00 Bingo</p> |
| <p>29</p> <p>9:50 Church at the Village 10:20 Bible Study</p> | <p>30</p> <p>8:30, 9:00 & 12:30 Bus to Shopping 1:00 Ladies Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo</p> | <p>31</p> <p>9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study</p>  | <p>Be sure to watch channel 1960 for the latest updates or check out the bulletin board outside the office & pick up a weekly calendar in the wall pocket outside Kyle's office.</p> <p>Call the office at 405-721-2466 with any questions.</p> |  | | |

October 2023 Assisted Living

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|--|---|--|
| 1. 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM | 2 9:30 Exercise 10:00 Sip and Chat on the patio 2:00 Skip Bo 3:30 Table Top Shuffleboard NATIONAL SMARTIES DAY | 3 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO | 4 9:30 Exercise 9-12 Beauty Shop 2:00 Popcorn and More | 5 9:30 Exercise 10:00 Bible Study 1:30 Resident Council Meeting 3:00 Ride to Shopping | 6 8:30 Men's Coffee 9-1 Beauty Shop 2:00 ARTS AND CRAFTS 3:30 Manicures HAPPY BIRTHDAY JIMMY!! | 7 Jigsaw Puzzles Word Games Dominoes |
| 8 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM | 9 9:30 Exercise 10:00 Colored Pencil Art 2:00 Skip Bo 3:30 Solo Cup Ping Pong NATIVE AMERICAN DAY | 10 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO | 11 9:30 Exercise 9-12 Beauty Shop 2:00 PUMPKIN PAINTING 3:00 Pumpkin Spice Cappuccino HAPPY "100th" BIRTHDAY JOHN | 12 9:30 Exercise 10:00 Bible Study 2:00 Root Beer Floats 3:00 SING ALONG WITH WANDA HAPPY BIRTHDAY MARGARET!! | 13 8:30 Biscuits and Gravy 9-1 Beauty Shop 2:00 WATERCOLOR PAINTING WITH JIM & JIMANNE 3:30 Fruit juice refreshers | 14 Jigsaw Puzzles Word Games Dominoes |
| 15 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM | 16 9:30 Exercise 10:00 Sip and Chat on the patio 2:00 Skip Bo 3:30 Table Top Shuffleboard | 17 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO | 18 9:30 Exercise 9-12 Beauty Shop 1:00 Memory Support Chapel 1:30 Social Hour with Susan 3:00 SING ALONG WITH MAX NATIONAL CHOC CUPCAKE DAY | 19 9:30 Exercise 10:00 Bible Study 1:00 PODIATRIST 3:30 Ride to Shopping | 20 8:30 Men's Coffee 9-1 Beauty Shop 2:00 Ladies Fellowship With Chisolm Heights 3:30 Manicures | 21 Jigsaw Puzzles Word Games Dominoes HAPPY BIRTHDAY RED!!! |
| 22 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM | 23 9:30 Exercise 10:00 Colored Pencil Art 2:00 Skip Bo 3:30 Bean Bag Toss | 24 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO | 25 9:30 Exercise 9-12 Beauty Shop 1:30 Corn Hole 3:30 Scrabble Slam Card Game | 26 9:30 Exercise 10:00 Bible Study 11:00 OUT TO LUNCH 3:00 SING ALONG WITH WANDA | 27 8:30 Biscuits and Gravy 9-1 Beauty Shop 2:00 Annual Costume Parade | 28 Jigsaw Puzzles Word Games Dominoes |
| 29 9:30 CHURCH AT THE VILLAGE IN THE DINING ROOM | 30 9:30 Exercise 10:00 Sip and Chat on the patio 2:00 Skip Bo 3:30 Table Top Shuffleboard | 31 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO NATIONAL CARMEL APPLE DAY | See Tammy for Beauty Shop Appointments or ride to Shopping | All Activities and Times are Subject to change without notice | | OCTOBER BIRTHDAYS Jimmy Lehew 6th John Kilman 11th Margaret Garner 12th Red Collins 21st |



OCTOBER LTC ACTIVITIES



Sunday

Monday





Tuesday

Wednesday

Thursday

Friday

Saturday

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|--|---|---|--|--|---|---|
| <p>1 Worship 9:30</p>  | <p>2 Exercise 9:30 Audio Book Club 9:45 Farm animal Trivia 10:15 Bingo 1:00 Hymns with Bill 2:30 World farm animals day!</p> | <p>3 Exercise 9:30 Bible Study w/ Jimmy 9:45 Life Long Learning 10:15 Bowling 1:00</p> | <p>4 Worship 10:00 Balloon Bop 10:30 Bingo 1:00 Cookies & Comedy 2:30</p> | <p>5 Exercise 9:30 Dominos 9:45 Word Games 1:00 Hymns & Bible Study 1:45 Board Games 2:30</p> | <p>6 Bell Choir 9:30 Devotions W/Larry 10:00 Arts & Crafts 10:30 Bingo 1:00 Alice in Wonderland Tea Party 2:30 Mad Hatter day!</p> | <p>7 Ou VS. Texas: TBA</p> |
| <p>8 Worship 9:30</p> | <p>9 Exercise 9:30 Audio Book Club 9:45 Coffee Chat 10:30 Bingo 1:00 True False 21 2:30 Indigenous Peoples Day</p> | <p>10 Exercise 9:30 Bible Study w/ Jimmy 9:45 Life Long Learning 10:15 Crazy Cakes 1:00 Cup cake Decorating 2:00 National Cake decorating day</p> | <p>11 Worship 10:00 Balloon Bop 10:30 Bingo 1:00 Window Ball 2:30</p> | <p>12 Exercise 9:30 Memory Games 9:45 High Roller Game 1:00 Hymns & Bible Study 1:45 Arts & Crafts 2:30</p> | <p>13 Bell Choir 9:30 Devotions W/Larry 10:00 Parcel Pass game 10:15 Bingo 1:00 Popcorn Social 2:30</p> | <p>14 OSU vs Kansas: TBA</p>  |
| <p>15 Worship 9:30</p> | <p>16 Exercise 9:30 Audio Book Club 9:45 LRC Game 10:30 Bingo 1:00 Cup Game 2:30</p> | <p>17 Exercise 9:30 Bible Study w/ Jimmy 9:45 Life Long Learning 10:15 Card Games 1:00 2:30</p> | <p>18 Worship 10:00 Balloon Bop 10:30 Bingo 1:00 Jeopardy 2:30</p> | <p>19 Exercise 9:30 Dominos 9:45 Word Games 1:00 Hymns & Bible Study 1:45 Arts & Crafts 2:30</p> | <p>20 Bell Choir 9:30 Devotions W/Larry 10:00 Games 10:15 Bingo 1:00 October Birthday Celebration 2:00</p> | <p>21 Ou VS. UCF OSU VS. West Virginia</p> |
| <p>22 Worship 9:30</p> | <p>23 Exercise 9:30 Audio Book Club 9:45 Memory Games 10:15 Bingo 1:00 Bingo Prizes 2:00</p>  | <p>24 Exercise 9:30 Bible Study w/ Jimmy 9:45 Life Long Learning 10:15 Table Top Shuffle Board 1:00 Games 2:30</p> | <p>25 Worship 10:00 Balloon Bop 10:30 Bingo 1:00 BVC Town Hall 2:45</p>  | <p>26 Exercise 9:30 Coffee Chat 9:45 Virtual Vacation 1:00 Hymns & Bible Study 1:45 Get Crafty 2:30</p> | <p>27 Bell Choir 9:30 Devotions W/Larry 10:00 Minute mystery's 10:15 Bingo 1:00 Bowling 2:30</p> | <p>28 Therapy Dogs Pet Visit 10:30Am OU Vs. Kansas OSU vs. Cincinnati</p> |
| <p>29 Worship 9:30</p> | <p>30 Exercise 9:30 Audio Book Club 9:45 Tricky Trivia 10:15 Martin & Pearson 1:00 Bingo 2:30 National candy corn day</p> | <p>31 Exercise 9:30 Bible Study w/ Jimmy 9:45 Games 10:00 Life Long Learning 1:00 Halloween Party 2:30 Happy Halloween!</p> | | <p>October Birthdays Edna N. 10/2 Audrey 10/11 Frances Baker 10/29</p> | <p>*Activities and times are subject to change without notice.</p> | <p>*Puzzles, Games, and Books are always available in Life Enrichment Room.</p> |



OCTOBER LTC ACTIVITIES



Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

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|--|--|---|---|---|--|---|
| <p>1 Worship 9:30 Balloon Bop 10:00 snack 10:30</p> | <p>2 Devotion 9:30 BINGO 10:00 Farm animal Talk 12:00 One On One 1:00 World farm animals day!</p> | <p>3 Devotion 9:30 Sing A Long 9:45 Kick Ball 10:15 Manicure 1:00</p> | <p>4 Worship 10:00 Balloon Bop 10:30 Matching Game 1:00 Chats 2:30</p> | <p>5 Devotion 9:30 Bingo 10:00 Snack 10:30 Hymns & Bible Study 1:00 Balloon Bop 2:30</p> | <p>6 Devotions 9:30 Leg & Arm Work Out 10:30 Art & Craft Alice in Wonderland Tea Party 2:30 Mad Hatter day!</p> | <p>7 Ring TOSS 10:00 Snack 10:30</p> |
| <p>8 Worship 9:30 Ring Toss 10:30</p> | <p>9 Devotion 9:30 Leg Work Out 10:00 Bowling 10:30 Chat & Snack 1:00 Color Time 2:30 Indigenous Peoples Day</p> | <p>10 Devotion 9:30 Bingo 9:45 Snack 10:15 Balloon Bop 1:00 Manicure 2:00 National Cake decorating day</p> | <p>11 Worship 10:00 Balloon Bop 10:30 Rainbow Art 1:00 Baking Cupcakes 2:30</p> | <p>12 Devotion 9:30 Memory Games 9:45 Snacks 10:00 Hymns & Bible Study 1:00</p> | <p>13 Devotion 9:30 Clown Toss 10:00 Color Fall Art 11:00 Popcorn Social 2:30</p> | <p>14 BINGO 10:30</p>  |
| <p>15 Worship 9:30 Kick Ball 10:30</p> | <p>16 Devotion 9:30 Bingo 10:00 Snack 10:30 Manicure 2:30</p> | <p>17 Devotion 9:30 Leg Work Out 9:45 Nature Time 10:15 Balloon Bop 1:00 Snacks 2:30</p> | <p>18 Worship 10:00 Balloon Bop 10:30 Bingo 1:00 National Chocolate Cupcake 2:30</p> | <p>19 Exercise 9:30 Dominos 9:45 Word Games 1:00 Hymns & Bible Study 1:45 Arts & Crafts 2:30</p> | <p>20 Devotion 9:30 Bowling 10:00 Sing A Long 10:30 Snacks 1:30</p> | <p>21 Puzzles 10:00 Snack & Chat 10:30 Jean Rowland B-day</p> |
| <p>22 Worship 9:30 Bingo 10:00</p> | <p>23 Devotion 9:30 Arm Work Out 9:45 Balloon Bop 10:15 Snack & Chat 1:00 Manicure 2:00</p> | <p>24 Devotion 9:30 Outdoor Time 9:45 Ring Toss 10:15 One on One 1:00 Hot Coco & Snacks 2:30</p> | <p>25 Worship 10:00 Balloon Bop 10:30 One On One 1:00 Arts & Crafts 2:45</p>  | <p>26 Devotion 9:30 Snacks & Hot Tea 10:00 Short Movie 10:15 Hymns & Bible Study 1:00 Get Crafty 2:30 National Pumpkin Day</p> | <p>27 Devotion 9:30 Kick Ball 10:00 Snack & Chat 10:15 Window Ball 1:00 Bowling 2:30</p> | <p>28 Coloring w/ Crayon Art Lynn Guynn B-Day</p> |
| <p>29 Worship 9:30 Puzzle 10:00</p> | <p>30 Devotion 9:30 Window Ball 9:45 Short Movie 10:00 Art Time 1:00 National candy corn day</p> | <p>31 Devotion 9:30 Leg Work out 9:45 Ball Toss 10:00 Halloween Art 1:00 Halloween Party 2:30 Happy Halloween!</p> | | | <p>*Activities and times are subject to change without notice.</p> | <p>*Puzzles, Games, and Books are always available in Life Enrichment Room.</p> |