



May 2023 Life Enrichment

Safety Security
Overnight Hours
9:00 PM to 5:00 AM
405-232-2132

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	2 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	3 8:30 Breakfast Out @ Jimmy's Egg 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	4 10:15 Regular Fitness 10:30 Choir 11:30 Fellowship Luncheon/ Friends Band 1:00 Card Games in Learning Center	5 8:30 Men's Coffee Break 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 10:00 A-M Flower pick up 11:00 N-Z Flower pick up 2:00 Water Aerobics 6:00 Bingo	6 1:00 Bingo
7 9:50 Church at the Village 10:20 Bible Study	8 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	9 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	10 10:00 Thrift 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	11 10:15 Regular Fitness 10:30 Choir 1:00 Singing Churchmen 1:00 Card Games in Learning Center	12 8:30 Biscuits & Gravy (\$2) 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 1:00 Ladies Luncheon 2:00 Water Aerobics 6:00 Bingo	13 1:00 Bingo
14 <i>Happy Mothers Day</i>  9:50 Church at the Village 10:20 Bible Study	15 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	16 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	17 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:00 Memory Support Group 1:15 Tai Chi 3:00 Sing Along	18 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	19 8:30 Men's Coffee Break 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 11:30 Lunch Out 2:00 Water Aerobics 6:00 Bingo	20 1:00 Bingo
21 9:50 Church at the Village 10:20 Bible Study	22 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	23 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	24 10:00 Thrift 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	25 7:30 Fishing Trip 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	26 8:30 Biscuits & Gravy (\$2) 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo	27 1:00 Bingo
28 9:50 Church at the Village 10:20 Bible Study	29 Memorial Day BVC Business Office Closed 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Today 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	30 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	31 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi			Be sure to watch channel 1960 for the latest updates or check out the bulletin board outside the office & pick up a weekly calendar in the wall pocket outside Kyle's office. Call the office at 405-721-2466 with any questions.

May 2023 Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MAY BIRTHDAYS Pauline Leathers 12th Karen Harris 13th	1 9:30 Exercise 10:00 Sip and Chat on the patio 2:00 Skip Bo 3:30 Table Top Shuffleboard	2 9:30 Exercise 10:00 One on One Visits 12:00 QUAIL SPRINGS LADIES MISSION GROUP 1:30 Dominoes 5:00 BINGO	3 9:30 Exercise 9-12 Beauty Shop 2:00 POPCORN AND MORE	4 9:30 Exercise 10:00 Bible Study 1:30 Resident Council Meeting 3:00 SING ALONG WITH WANDA NATIONAL DAY OF PRAYER	5 8:30 Men's Coffee Hour 9-1 Beauty Shop 2:00 WATER COLOR PAINTING WITH JIM AND JIM ANNE 3:00 Pineapple Refreshers	6 Jigsaw Puzzles Word Games Dominoes
7 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM	8 9:30 Exercise 10:00 ANNUAL FLOWER PLANTING 2:00 Skip Bo 3:30 Bean Bag Toss	9 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO	10 9:30 Exercise 9-12 Beauty Shop 1:30 ARTS AND CRAFTS WITH AMANDA 3:00 Scrabble Slam	11 9:30 Exercise 10:00 Bible Study 1:00 SINGING CHURCHMEN 2:30 Ride to Shopping 3:30 Solo Cup Ping Pong	12 8:30 Biscuits and Gravy 9-12 Beauty Shop 12:00 LADIES LUNCHEON Guest Speaker Author Regina Jennings HAPPY BIRTHDAY PAULINE!!	13 Jigsaw Puzzles Word Games Dominoes HAPPY BIRTHDAY KAREN!!
14 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM HAPPY MOTHERS DAY	15 9:30 Exercise 10:00 Pen Pal Letter Sharing 2:00 Skip Bo 3:30 Patio Time	16 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO	17 9:30 Exercise 9-12 Beauty Shop 1:00 Memory Support Chapel 1:30 FUN AND GAMES WITH NICOLE 3:00 SING ALONG WITH MAX	18 9:30 Exercise 10:00 Bible Study 11:00 OUT TO LUNCH 2:30 POPCORN AND MORE	19 8:30 Men's Coffee Hour 9-1 Beauty Shop 2:30 Ladies Fellowship with Chisolm Heights Baptist 3:30 Manicures	20 Jigsaw puzzles Word Games Dominoes
21 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM	22 9:30 Exercise 10:00 Sip and Chat on the Patio 2:00 Skip Bo 3:30 Table Top Shuffleboard	23 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO	24 9:30 Exercise 9-12 Beauty Shop 2:00 WOOD ETCHING WITH CLARENCE	25 7:00 FISHING TRIP 9:30 Exercise 10:00 Bible Study 1:30 Ride to Shopping 3:00 SING ALONG WITH WANDA	26 8:30 Biscuits and Gravy 9-1 Beauty Shop 2:00 BIRTHDAY PARTY	27 Jigsaw Puzzles Word Games Dominoes
28 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM	29 9:30 Exercise 10:00 Colored Pencil Art 2:00 Skip Bo MEMORIAL DAY	30 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO	31 9:30 Exercise 9-12 Beauty Shop 2:00 Tea Time		See Tammy for Beauty Shop Appointments or ride to Shopping	All Activities and times are Subject to change without Notice



May Activities



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
 Exercise 9:30
 Devotions 9:45
 Tricky Trivia 10:15
 Bingo 1:00
 Hymns With Bill 2:30

2
 Exercise 9:30
 Devotions 9:45
 Life Long Learning 10:15
 Cup Pong 1:00
 Get Crafty 2:30

3
 Worship 10:00
 Balloon Bop 10:30
 Stretching 11:00
 Bingo 1:00
 Sticky Ball 2:30

4
 Exercise 9:30
 Cool Chicken facts 9:45
 Coffee & coloring 10:15
 Word Games 1:00
 Hymns with Wanda 1:45
 Monopoly Game 2:30
 International respect chickens day!

5
 Bell Choir 9:30
 Exercise 10:00
 Bible Study 10:15
 Bingo 1:00
 Homemade Tortillas 2:45

6
 Exercise 10:15
 Balloon Bop 10:30

 Kentucky derby Day!

7
 Worship 9:30
 Exercise 10:30
 Lemonade refreshers 1:00

 Lemonade day!

8
 Exercise 9:30
 Devotions 9:45
 Gardening 10:15
 Bingo 1:00

9
 Exercise 9:30
 Devotions 9:45
 Life Long Learning 10:15

10

11

12

13
 Exercise 9:45
 Easter Trivia 10:00
 Bonus Bingo 1:00

14
 Worship 9:30
 Exercise 10:30
 Mothers Day Tea Party 2:00

 Mothers Day

15 Musical Monday
 Exercise 9:30
 Devotions 9:45
 High Stakes Bingo 1:00
 Music performance 2:30 ?
 Cheese Tasting ?
 National Nursing Home Week!

16 Tie dye Tuesday!
 Exercise 9:30
 Devotions 9:45
 Tie Dye Bandanas 10:15
 Lip Synch Battle 1:00
 Root beer Floats 2:30

17 Wacky Wednesday
 Worship 10:00
 Balloon Bop 10:30
 Stretching 11:00
 High Stakes Bingo 1:00
 Baking Cupcakes 2:45

18 Sporty Thursday
 Exercise 9:30
 Bible Study 9:45
 Cup Pong Game 10:15
 Special Lunch
 Sports Trivia 1:00
 Singing W/Wanda 1:45
 National eat what you Want Day!

19 Vacay Friday
 Bell Choir 9:30
 Exercise 10:00
 Bible Study 10:15
 High Stakes Bingo 1:00
 Scenic Drive & Braums??

 International nurses day!

20
 All about Bees 10:00
 Coloring social 10:30

 World Bee Day!

21
 Worship 9:30
 Exercise 10:30
 Bonus Bingo 1:00

22
 Exercise 9:30
 Coffee Chat 9:45
 Devotions 9:45
 Bingo 1:00
 Bingo Bucks Auction 2:45

23
 Exercise 9:30
 Devotions 9:45
 Life Long Learning 10:15
 Get Crafty 1:00
 Games 2:00

24
 Worship 10:00
 Exercise 10:30
 Balloon Bop 10:45
 Bingo 1:00
 Famous Tiaras & Crowns 2:30
 International Tiara Day!

25
 Exercise 9:30
 Bible Study 9:45
 Word Scramble 1:00
 Singing W Wanda 1:45
 Get Crafty 2:30

26
 Bell Choir 9:30
 Exercise 10:00
 Bible Study 10:15
 Bingo 1:00
 Popcorn Social 2:45

27
 Exercise 9:30
 Balloon Bop 9:45

28
 Worship 9:30
 Exercise 10:30
 Dominos 10:45

29
 Exercise 9:30
 Devotions 9:45
 Tricky Trivia 10:15
 Martin & Pearson 1:00
 Bingo 2:30
 Memorial Day!

30
 Exercise 9:30
 Devotions 9:45
 Life Long Learning 10:15
 Get Crafty 1:00
 Name That Tune 2:00
 National Smile Day!

31
 Worship 10:00
 Exercise 10:30
 Balloon Bop 10:45
 Bingo 1:00
 Resident Council 2:45

*Activities and times are subject to change without notice.

*Puzzles, Games, and Books are always available in Life Enrichment Room.



May Activities



Sunday
Monday
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Friday
Saturday

	<p>1 Exercise 9:30 Devotions 9:45 Tricky Trivia 10:15 Bingo 1:00 Hymns With Bill 2:30</p>	<p>2 Exercise 9:30 Devotions 9:45 Life Long Learning 10:15 Cup Pong 1:00 Get Crafty 2:30</p>	<p>3 Worship 10:00 Balloon Bop 10:30 Stretching 11:00 Bingo 1:00 Sticky Ball 2:30</p>	<p>4 Exercise 9:30 Cool Chicken facts 9:45 Dominos 10:15 Word Games 1:00 Hymns with Wanda 1:45 Monopoly Game 2:30 <i>International respect chickens day!</i></p>	<p>5 Bell Choir 9:30 Exercise 10:00 Bible Study 10:15 Gardening Bingo 1:00 Homemade Tortillas</p>	<p>6 Exercise 10:15 Balloon Bop 10:30 <i>Kentucky derby Day!</i></p>
<p>7 Worship 9:30 Exercise 10:30 Lemonade refreshers 1:00 <i>Lemonade day!</i></p>	<p>8 Exercise 9:30 Devotions 9:45 Bingo 1:00</p>	<p>9 Exercise 9:30 Devotions 9:45 Life Long Learning 10:15 Popcorn Social 1:00</p>	<p>10 Worship 10:00 Exercise 10:30 Bingo 1:00 Our Oceans 2:30</p>	<p>11 Exercise 9:30 Coffee & Coloring 9:45 Comedy Videos 1:00</p>	<p>12 Bell Choir 9:30 Exercise 10:00 Bible Study 10:15 Bingo 1:00</p>	<p>13 Exercise 9:45 Easter Trivia 10:00 Bonus Bingo 1:00</p>
<p>14 Worship 9:30 Exercise 10:30 Mothers Day Tea Party 2:00 </p>	<p>15 Musical Monday Exercise 9:30 Devotions 9:45 High Stakes Bingo 1:00 Music with Holly 2:30 <i>National Nursing Home Week!</i></p>	<p>16 Tie dye Tuesday! Exercise 9:30 Devotions 9:45 Life Long Learning 10:15 Tie Dye Bandanas 1:00 Cheese Tasting 2:30 </p>	<p>17 Way Back Wednesday Worship 10:00 Balloon Bop 10:30 Stretching 11:00 High Stakes Bingo 1:00 Baking Cupcakes 2:45</p>	<p>18 Sporty Thursday Exercise 9:30 Bible Study 9:45 Cup Pong Game 10:15 Special Lunch Sports Trivia 1:00 Singing W/Wanda 1:45</p>	<p>19 Vacay Friday Bell Choir 9:30 Exercise 10:00 Bible Study 10:15 High Stakes Bingo 1:00 Scenic Drive & Braums <i>International nurses day!</i></p>	<p>20 All about Bees 10:00 Coloring social 10:30 <i>World Bee Day!</i></p>
<p>21 Worship 9:30 Exercise 10:30 Bonus Bingo 1:00</p>	<p>22 Exercise 9:30 Coffee Chat 9:45 Devotions 9:45 Bingo 1:00 Bingo Bucks Auction 2:45</p>	<p>23 Exercise 9:30 Devotions 9:45 Life Long Learning 10:15 Get Crafty 1:00 True False 21 2:00</p>	<p>24 Worship 10:00 Exercise 10:30 Balloon Bop 10:45 Bingo 1:00 Famous Tiaras & Crowns 2:30 <i>International Tiara Day!</i></p>	<p>25 Exercise 9:30 Bible Study 9:45 Word Scramble 1:00 Singing W Wanda 1:45 Board Games 2:30 </p>	<p>26 Bell Choir 9:30 Exercise 10:00 Bible Study 10:15 Bingo 1:00 Popcorn Social 2:45</p>	<p>27 Exercise 9:30 Balloon Bop 9:45</p>
<p>28 Worship 9:30 Exercise 10:30 Dominos 10:45</p>	<p>29 Exercise 9:30 Devotions 9:45 Family Feud 10:15 Martin & Pearson 1:00 Bingo 2:30 <i>Memorial Day!</i></p>	<p>30 Exercise 9:30 Devotions 9:45 Life Long Learning 10:15 Get Crafty 1:00 Cookies & Comedy 2:00 <i>National Smile Day!</i></p>	<p>31 Worship 10:00 Exercise 10:30 Balloon Bop 10:45 Bingo 1:00 Resident Council 2:45</p>	<p>*Activities and times are subject to change without notice.</p>	<p>*Puzzles, Games, and Books are always available in Life Enrichment Room.</p>	