

January 2023 Life Enrichment

Safety Security
Overnight Hours
9:00 PM to 5:00 AM
405-232-2132

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year! 9:50 Church at the Village 10:20 Bible Study	2 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	3 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study	4 8:30 Breakfast Out at Black Bear 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	5 10:15 Regular Fitness 10:30 Choir 11:30 Fellowship Luncheon 1:00 Card Games in Learning Center	6 8:30 Men's Coffee Break 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo	7 1:00 Bingo
8 9:50 Church at the Village 10:20 Bible Study	9 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	10 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study 3:00 Laugh & Snack	11 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi	12 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	13 8:30 Biscuits & Gravy (\$2) 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 2:00 Water Aerobics 6:00 Bingo	14 1:00 Bingo
15 9:50 Church at the Village 10:20 Bible Study	16 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:00 Memory Support Group 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	17 10:15 Regular Fitness Class 1:00 Men's Bible Study	18 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi 3:00 Sing Along w/Wynn Anne Hook	19 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	20 8:30 Men's Coffee Break 8:30 & 9:00 Bus to Shopping 10:15 Regular Fitness Class 11:30 Lunch Out at Cheddars 2:00 Water Aerobics 6:00 Bingo	21 1:00 Bingo
22 9:50 Church at the Village 10:20 Bible Study	23 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Study 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	24 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study 3:00 Laugh & Snack	25 10:15 Regular Fitness 11:00 Prayer Time in Chapel 1:15 Tai Chi 3:00 Sing Along	26 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	27 8:30 Biscuits & Gravy 10:15 Regular Fitness 10:30 Choir 1:00 Card Games in Learning Center	28 1:00 Bingo
29 9:50 Church at the Village 10:20 Bible Study	30 8:30, 9:00 & 12:30 Bus to Shopping 1:00 Women's Bible Today 1:15 Tai Chi 2:00 Water Aerobics 6:00 Bingo	31 9:00 - 3:00 Bus to Doctors 10:15 Regular Fitness Class 1:00 Men's Bible Study				Be sure to watch channel 1960 for the latest updates or check out the bulletin board outside the office & pick up a weekly calendar in the wall pocket outside Kyle's office. Call the office at 405-721-2466 with any questions.




January 2023 Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM</p> <p>8AM ROSE BOWL PARADE HAPPY NEW YEAR</p>	<p>2 9:30 Exercise 10:00 Story Time 2:00 Skip Bo 3: 45 Cheese Tasting</p> <p>NATIONAL CHEESE LOVERS DAY</p>	<p>3 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO</p>	<p>4 9:30 Exercise 9-12 Beauty Shop 1:30 Scrabble Slam Card Game 3:00 Music Appreciation</p>	<p>5 9:30 Exercise 10:00 Bible Study 1:30 RESIDENT COUNCIL MEETING 2:30 SODA POP SOCIAL</p>	<p>6 9-1 Beauty Shop 2:00 WATERCOLOR PAINTING WITH JIM 3:30 Orange Cranberry Refreshers</p>	<p>7</p> <p>Jigsaw Puzzles Word Puzzles Dominoes</p>
<p>8 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM</p>	<p>9 9:30 Exercise 10:00 Pen Pal Letter Sharing 2:00 Skip Bo 4:00 Bean Bag Toss</p>	<p>10 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO</p>	<p>11 9:30 Exercise 9-12 Beauty Shop 1:30 "How did you know that?" Trivia Game 3:00 DOG SHOW</p>	<p>12 9:30 Exercise 10:00 Bible Study 1:30 Ride to Shopping 3:00 SING ALONG WITH WANDA</p>	<p>13 9-1 Beauty Shop 1:30 ARTS AND CRAFTS WITH AMANDA 3:00 Manicures</p>	<p>14</p> <p>Jigsaw Puzzles Word Puzzles Dominoes</p>
<p>15 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM</p>	<p>16 9:30 Exercise 10:00 Colored Pencil Art 2:00 Skip Bo 4:00 Fig Newton Facts</p> <p>NATIONAL FIG NEWTON DAY</p>	<p>17 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO</p>	<p>18 9:30 Exercise 9-12 Beauty Shop 1:30 Scrabble Slam Card Game 3:00 SING ALONG WITH MAX</p>	<p>19 9:30 Exercise 10:00 Bible Study 2:00 Popcorn and a Movie</p> <p>NATIONAL POPCORN DAY</p>	<p>20 9-1 Beauty Shop 2:30 Ladies Meeting 3:30 Manicures</p>	<p>21</p> <p>Jigsaw Puzzles Word Puzzles Dominoes</p>
<p>22 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM</p>	<p>23 9:30 Exercise 10:00 Arts and Crafts Book Markers 2:00 Skip Bo 4:30 Pick a Pie National Pie Day</p>	<p>24 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO HAPPY BIRTHDAY BOB !!! NATIONAL PEANUT BUTTER DAY</p>	<p>25 9:30 Exercise 9-12 Beauty Shop 2:00 TEA TIME</p> <p>January Is National Hot Tea Month</p>	<p>26 9:30 Exercise 10:00 Bible Study 1:30 Ride to Shopping 3:00 SING ALONG WITH WANDA</p>	<p>27 9-1 Beauty Shop 2:00 BIRTHDAY PARTY</p>	<p>28</p> <p>Jigsaw Puzzles Word Puzzles Dominoes</p>
<p>29 9:50 CHURCH AT THE VILLAGE IN THE DINING ROOM</p>	<p>30 9:30 Exercise 10:00 Story Time 2:00 Skip Bo</p>	<p>31 9:30 Exercise 10:00 One on One Visits 1:30 Dominoes 5:00 BINGO</p>		<p>All Activities and times are Subject to change without Notice</p>	<p>See Tammy for Beauty shop Appointments or ride to Shopping</p>	<p>JANUARY BIRTHDAYS Bob Springer 24th</p>

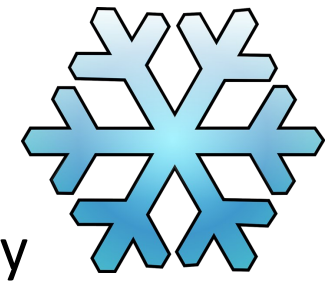


January Memory Care Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Worship 9:30 New Years resolutions Happy New Year!	2 Exercise 9:30 Devotions 9:45 Balloon bop 10:00 Family feud 10:15 Puzzles 1:00 Manicures 2:00	3 Exercise 9:30 Bible study 10:00 Kick ball 10:30 Snack and chat 11:00 Lets get crafty 1:00 Bingo 3:00	4 worship 10:00 Exercise 10:45 Bible trivia 11:00 Ring toss 1:30 Manicures 2:00 National Trivia Day!	5 exercise 9:30 Devotions 10:00 Dominos 11:00 Lets get crafty Water painting 1:00 One on ones 2:00 National Bird Day!	6 Bell Choir 9:30 Exercise 10:00 Music social 11:00 Lets get moving 11:15 Bingo 1:00 Ice cream social 2:00	7 Exercise 9:45 New year I spy 10:45 Donut& dogs 1:00
8 Worship 9:30 Social Hour 11:00	9 Exercise 9:30 Devotions 10:00 Pictionary 10:45 Board games 11:30 Dominos 1:00 Manicures 2:00	10 Exercise 9:30 Bible study 10:00 Bible trivia 10:30 Lets get moving 11:00 Puzzles 1:30 Movie and popcorn 3p	11 worship 10:00 Exercise 10:45 Let get moving 11:00 Lets get crafty 1:00 Rest and relax 2:00 One on ones 3:00 Jan birthday bash !!!!!	12 Exercise 9:30 Devotions 10:00 Goodie cart 10:30 Music and chat 11:00 Let's party !!! 2:00	13 Bell Choir 9:30 Exercise 10:00 Music social 11:00 Bingo 1:00 Soda pop social 2:00	14 Exercise 9:45 Word search 10:45 Painting 2:00
15 Worship 9:30 National Strawberry Ice cream day!	16 exercise 9:00 Bible study 10:00 I had a dream speech Board games 11:00 Root beer floats 2:00 Martin Luther King Day!	17 Exercise 9:30 Bible study 10:00 Lets get moving 10:30 Bingo 11:15 Board games 1:00 Coffee and chat 2:00	18 worship 10:00 Exercise 10:45 Balloon bop 11:00 Winnie the pooh day Coloring 1:00 Funny videos 2:00	19 Exercise 9:30 Devotions 10:00 One on ones 11:00 Goodie cart 11:15 Movie & popcorn 1p National Popcorn Day!	20 Bell Choir 9:30 Exercise 10:00 Bingo 11:00 Name that tune 1:00 Social circle 1:30 Ice cream social	21 Exercise 9:45 Lets get crafty 10:45 Movie 2:30
22 Worship 9:30	23 Exercise 9:30 Devotions 10:00 Bingo 10:45 Pie tasting 2:00	24 Exercise 9:30 Bible study 10:00 Social circle 11:00 Manicures 1:00 Puzzles 2:00 Snack and chat 2:30	25 worship 10:00 Exercise 10:45 Ring toss 11:00 Painting 1p Lets get crafty	26 Exercise 9:30 Devotions 10:00 Bible trivia 10:30 Lets get moving 11am Snack and chat 1pm	27 Bell Choir 9:30 Exercise 10:00 Balloon bop 10:30 Coffee and chat 11am Pizza party !!!2:00	28 Exercise 9:45 Balloon bop 10:45 
29 Worship 9:30	30 Exercise 9:30 Devotions 10:00 Group chat 10:45 Lets get moving Draw a Dinosaur Day!	31 Exercisee 9:30 Bible study 10:00 Social circle 10:30 Ring toss 11:00 Goodie cart 1:00	Happy New Year! 		*Activities and times are subject to change without notice.	* Puzzles, Games, and Books are always available in Life Enrichment Room.



January Activities



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
Worship 9:30
Exercise 10:30
Goals & New Years resolutions 1:00

Happy New Year!

2
Christmas Clean Up 9:00
Exercise 10:45
Spoons Card Game 1:00
You be the Judge 2:00
Movie Monday 2:30

3
Exercise 9:30
Devotions 9:45
Virtual Art Museum 10:30
What's in the Bag? 1:00
Old Maid 2:00
Manicure 3:00


4
Worship 10:00
Two Truths one Lie 10:30
Bingo 1:00
Tricky Trivia 2:00
Painting 3:00

National Trivia Day!

5
Exercise 9:30
Bible Study 9:45
Memory Games 10:30
Hang Man 1:00
Singing w/ Wanda 1:45
All about Birds 2:30
National Bird Day!

6
Bell Choir 9:30
Exercise 10:00
Devotions 10:15
Bingo 1:00
Music & Soda Pop Social 2:30

7
Exercise 9:45
New Years I spy 10:00
Donuts & Dogs 2:00



8
Worship 9:30
Exercise 10:30
Sunday Social 10:45
Family Feud 1:30

9
Exercise 9:30
Coloring & Coffee
Bingo 1:00
Devotions 2:30
Arts & crafts 3:00

10
Exercise 9:30
Devotions 9:45
Dominos 10:15
Card Shark Game 1:00
Making Cupcakes 2:00

11
Worship 10:00
Balloon Bop 10:30
Stretching 10:50
Bingo 1:00
Blind Taste Game 2:30

12
Exercise 9:30
Bible Study 9:45
Virtual Vacation 10:30
Balloon Race 1:00
Singing W/Wanda 1:45
Tea & Crumpets 2:30
National hot tea day!

13
Bell Choir 9:30
Exercise 10:00
Devotions 10:15
Bingo 1:00
Movie 2:30

14
Exercise 9:45
New year word search 10:00
Painting 1:00

15
Worship 9:30
Exercise 10:30
Strawberry Ice Cream 2:00

National Fresh Squeezed Juice Week Begins!
National Strawberry Ice cream day!

16
Exercise 9:30
MLK Legacy 9:45
Monopoly 10:15
Blue Grass Band 1:00
Bingo 1:30
Bingo Bucks Auction 3:00
Martin Luther King Day!

17
Exercise 9:30
Devotions 9:45
Snowflake Craft 10:30
Ruby Bell pet visit 1:00
Music with Jan 1:30
Manicures 2:30

18
Worship 10:00
Exercise 10:30
Social Circle 10:45
Bingo 1:00
Group Scrabble 2:30

19
Exercise 9:30
Bible Study 9:45
Family Feud 1:00
Singing W/ Wanda 1:45
Painting 2:30
Popcorn & Poetry 3:30
National Popcorn Day!

20
Bell Choir 9:30
Exercise 10:00
Devotions 10:15
Bingo 1:00
Chips & Queso social 2:30
National Cheese day!

21
Exercise 9:45
Penguin craft 10:00
Movie 2:30

National Penguin Day!

22
Worship 9:30
Exercise 10:30
Pie Tasting 2:00

23
Exercise 9:30
Coffee Chat 9:45
Bingo 1:00
Residents Council 2:45
Bonus Bible Study 3:30

24
Exercise 9:30
Devotions 9:45
Arts & Crafts 10:30
Hot Balloon Game 1:00
One on One Visits 2:00

25
Worship 10:00
Exercise 10:30
Balloon Bop 10:45
Bingo 1:00
Cool Animals & Coloring 2:30

26
Exercise 9:30
Bible Study 9:45
Good News 10:30
Reminiscing 1:00
Singing W Wanda 1:45
Cooking Casserole 2:30

27
Bell Choir 9:30
Exercise 10:00
Devotions 10:15
Bingo 1:00
Movie 2:30

28
Exercise 9:30
Balloon Bop 10:00
Shake Loose a Memory 1:00

29
Worship 9:30
Exercise 10:30
Arts & Crafts 1:00
Bonus Bingo 2:00

30
Exercise 9:30
Dominos 9:45
Bingo 1:00
Dino Discovery 2:30
Dino Craft 3:00
Draw a Dinosaur Day!

31
Exercise 9:30
Devotions 9:45
Dominos 1:00
Puzzle Party 2:00
Manicure 3:00



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* Puzzles, Games, and Books are always available in Life Enrichment Room.